


THE SMUGGLERS INN

 = Assists

 = Landmarks

MAP

1 Facing the pub, turn left and follow path round keeping pub immediately to your right. Follow tarmac path with small stream to left.

Walk up steps, through kissing gate and ahead across grass for 50 yards

A (see assist). Pass through kissing gate and continue ahead on coast path past stone marker with fence to left and sea to right.

After 120 yards, gradient sharpens. Walk up steps between hedges then path heads downhill. 100 yards on it heads uphill then levels off. Pass brick structure in field to left. Path heads gently downhill and, 150 yards on, bears to the left.

After 100 yards, pass another brick structure to left and continue ahead passing to right of stone marker. Follow path with field to left and hawthorn hedge to right, passing over wood footbridge.

80 yards on, descend down steps through trees. (you may choose to turn right 40 yards down to the

shingle beach). Continue ahead over stream, past stone marker and up steps. The next 200 yards may be soft underfoot.

Stay on path through trees, cross footbridge and, 50 yards on cross another footbridge. Continue with fence and field to left, over footbridge and past footpath sign to left. Follow sign to Ringstead and bear right at 1 o'clock on to made up track. Follow for 180 yards past houses to left and track bends left.

Continue ahead and after 60 yards, track becomes tarmac road. Walk ahead past kiosk and car park to right and follow lane. After 300 yards, pass stile to right and lane bends to left. Follow gently uphill for 300 yards and lane bends right through trees.

B 60 yards on, turn left at footpath sign (see assist) on to track.

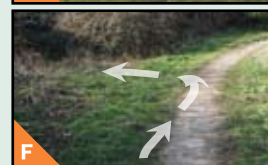
After 80 yards, bear right and pass to left of metal gate. Continue on track through trees and, 100 yards on, bear right at

fork. 200 yards on, bear right and cross stile to right of metal gate. With stream ahead and footpath sign to right, turn left and follow path round to right over footbridge for 20 yards (see assist). Bear left on to grass track and follow for 250 yards.

Bear left before marker post and follow path between houses and on to made up track. 60 yards on, bear right on to lane passing post box to right. **5** Lane heads downhill and after 400 yards, bends to right. Continue past wooden chalets to left and lane heads uphill.

With fork ahead, turn left down path into chalet park (see assist). Walk straight ahead between chalets for 60 yards and on to tarmac path. Cross stile and bear left at 10 o'clock heading to left of telegraph pole. **D** Continue downhill on grass for 150 yards and bear right down to kissing gate (see assist).

Follow narrow, winding path, over wood footbridge and 20 yards on, turn left (see assist). Follow



path with stream to left 50 yards back to the pub for some well deserved hospitality!



Statistics

- 3 miles
- 35% coast path
- 30% lanes & roads
- 15% woods
- 20% paths & tracks
- 70-90 mins

